

“International Journal of Cognitive Analytic Therapy and Relational Mental Health”

Contributions are welcome for future volumes of the journal.

Guidelines for Authors

Contributions and enquiries by email to journalicata@gmail.com

Types of Articles

Regular

Reports of original work or theoretical contributions up to 20 pages (double spaced, font size 11, including tables, figures and references [single spaced]). All articles should include an abstract of no more than 250 words summarising the contents of the article. Six key words should be included also which characterise the content of the paper. Only in exceptional circumstances and by negotiation with the editor will longer submissions be considered.

Brief articles

Reports of original work up to 10 pages (double spaced, font size 11, including tables, figures and references). Brief articles should also include an abstract of no more than 250 words summarising the contents of the article and six key words.

Invited articles

Reviews of theoretical and empirical topics considered to be of relevance and importance to the readership of the journal. Authors may contact the editor to propose titles for such pieces.

Book reviews

These will normally be invited but unsolicited reviews of books or articles considered to be relevant and important to the readership of the journal will be considered. The journal welcomes submission of books to the editors for review.

House style, presentation and format

All submitted articles should include a separate top page with title of the article, author's, or in the case of multiple authors, authors' names, designations and affiliations and the telephone number, email address and postal address of the author with whom correspondence should be conducted.

Manuscripts should be submitted in electronic form, as a Microsoft Word file (saved in Rich Text Format), with a covering message to the editor via the journal address journalicata@gmail.com

The ICATA Journal uses UK English spelling. Numbers from zero to nine should be written as text; numerals should be used for all other numbers. Broad division and section headings should be clearly marked in the text. Any quotation marks should be single marks; quotations of more than 40 words should be indented. Notes should be placed at the end of the article as footnotes (this is for ease of allocation to the relevant page foot when placed in its typeset format). Any author acknowledgements should be placed at the end of the article under a heading, Acknowledgements. Statistical tables and other figures should be denoted in the text within the Word file and should be submitted separately as graphic files (.jpg format at

150ppi). Figure captions should be included within the text of the article and the first words of the title should be used as the .jpg filename.

References

References should be submitted in Harvard style i.e. by name and date within the text and in alphabetical order in the reference list. Multiple references for any author in the text within the same year should be listed as a,b,c etc.

Sample reference

Odell-Miller, H., Hughes, P. & Westacott, M. (2006). An investigation into the effectiveness of the arts therapies with continuing mental health problems. *Psychotherapy Research*, 16, 122-139.

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